



# DISTRICT 40 NEWSLETTER

UNITY - RECOVERY - SERVICE

## Step 3

Made a decision to turn our will and our lives over to the care of God "as we understood Him."

## Tradition 3

The only requirement for AA membership is a desire to stop drinking.

## Concept 3

The Conference shall observe the spirit of A.A. tradition taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it services, it will always remain democratic in thought and action.

### **AREA ASSEMBLY**

**APRIL 1 & 2, 2023**

**DoubleTree Hotel Houston**

**Bush / Intercontinental / Airport**

**15747 John F Kennedy Blvd, Houston,**

**TX 77573**

**HYBRID registry here:**

<http://aa-seta.org/agenda/index.shtml>



### **Declaration of Unity**

*This we owe to A.A.'s future;  
to place our common welfare first;  
to keep our Fellowship united.*

*For on A.A. unity depend our lives,  
and the lives of those to come.*

## District Meeting

I heard a few times during the collection process of the district inventory what the district monthly meeting should or should not do. Here is the blueprint of what we have to do. I thought I should just put this out there so everyone could see where we are starting from. Below is copied straight out of our [District 40 Policies & Procedures Manual](#).

### **DISTRICT COMMITTEE OPERATIONS.**

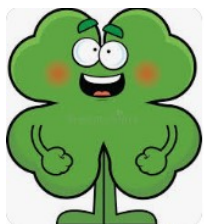
This section is a compilation of procedures and processes from the experience of the District Committee. It is the “who, what, where, when, why, and how” of the conduct of District business. As in any business of A.A., these guidelines can be changed at any time with informed discussion and vote of approval by substantial unanimity (2/3) of the District Committees’ conscience.

### **District Meeting and Responsibilities**

1. The committee shall meet monthly at a time and place approved by the District Committee members.
2. The meeting will be of sufficient duration to effectively conduct the business of the District Committee.
3. The District Committee meeting will be chaired by the DCM or in their absence, the Alternate DCM. The Chair keeps the meeting on track to accomplish the Agenda Items, ensuring that informed decisions are achieved.
4. The DCM will prepare an Agenda for District business.
5. The agenda will consist of the introduction of members (roll call), approval of the Minutes, Treasurers’ reports, Committee reports, GSR group reports, unfinished business, and new business.
6. Additional items, special projects and order of presentation is at the discretion of the DCM.
7. The District Secretary will prepare the minutes in summary form, and issue them to the DCM for review, and approval before distribution.
8. The District Roster is maintained and provided by the Secretary.
9. The Treasurer will prepare the Treasurers’ report no less than one (1) week before the upcoming District Meeting for DCM’s review, and approval before distribution. Treasurer will provide “hard copy” reports at each District Meeting.
10. District Reps will present reports of Area Committees and will be responsible for activities associated with those Committees.
11. Any proposed amendments to this document shall be submitted in writing to the DCM, at least one week before the next District meeting to be presented to the District committee for consideration.
12. Approved amendments will be recorded in Exhibit C of this document, noting the change with the approved date, and then be posted on District’s 40 web page.

I hope this might shed light on how the district meeting is set up. I know there is a lot of information that a GSR has to consume in a short amount of time but that is why getting a good service sponsor to help you through the other 2 legacies of AA is paramount. You will notice that a service sponsor is referenced in a lot of the chapters in the new service manual. SETA does have a web page ([GSR PAGE](#)) that might become a good resource for you. If you might still have any questions please reach out to me on my SETA email and I will get back to you.

Doug D—District 40 DCM



### Solution: Written & Published

What's so great about March? The message in print being written and published, that's what!

**District Inventory:** I'd be remiss if I didn't mention this. The inventory went well, thanks in part to Wayne H. facilitating, and in large part to your participation! Because of the consistency of the feedback from the questions sent back from the Groups, there really wasn't much more to expound upon during the actual inventory. Thank you again to Wayne H. and every Group that participated in helping to move our District more in line with what you, the Groups, want it to be. But the work is not done. Next step is for you, the Groups, to determine how we, the District, should move forward to address what came out of the inventory. Willingness without action is fantasy.

**District Meeting Location AdHoc:** AdHoc should be meeting again soon, hopefully. It is possible we will find a temporary location soon, until we can find a more central location for our monthly meeting. We want to be as accessible as we can to as many Groups in our District as we can but want to adhere to our District's decision to be hybrid for the 2023 calendar year. More to come!

Now, back to why March is so important in our history. Our message in print. The solution, written for the first time, to alcoholism. A portion we should all be familiar with....

"Remember that **we deal with alcohol**—cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power—**that One is God**. May you find Him now!" Pg 58-59 Alcoholics Anonymous – Chapter 5: How It Works

The writing for our book began in March of 1938, and was published a year later in March of 1939. Of note is our 2<sup>nd</sup> printing was also in March of 1941. Fun fact: Bill Wilson's sobriety date was December of 1934 which means he was 3 years sober when he sat down to write Alcoholics Anonymous. The section quoted above tells us so much, but we may hear it so much we don't fully digest its meaning. What do we deal with? What are its features? Are we powerless over it? If we're powerless, where can we find the needed Power? It was answered in the previous chapter.

"Well, that's exactly what **this book is about**. Its main object is to enable you to find a Power greater than yourself which will solve your problem. That means we have written a book which we believe to be spiritual as well as moral. And it means, of course, that we are going to talk about **God**." Pg 45 Alcoholics Anonymous – Chapter 4: We Agnostics

Couldn't be written any more clear than that. The steps outlined later in Chapter 5 give us the solution to alcoholism. And my hope, as was Bill's, is that you discover....

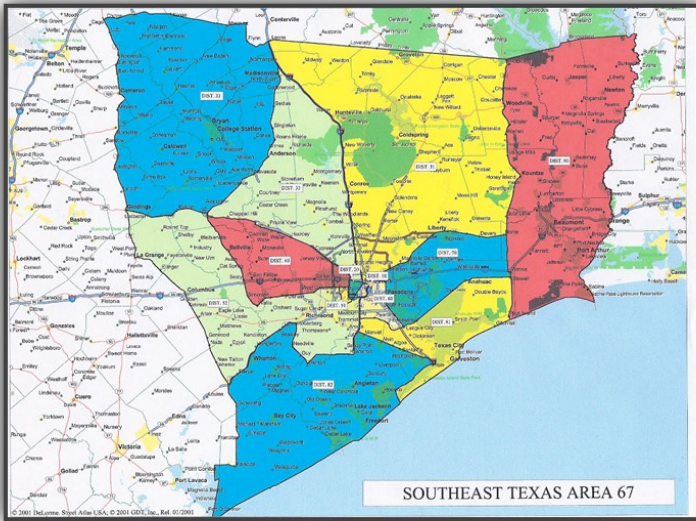
"What seemed at first a flimsy reed, has proved to be the loving and powerful hand of God. A new life has been given us or, if you prefer, **"a design for living"** that really works." Pg 28 Alcoholics Anonymous – Chapter 2: There Is a Solution

As always, please let me know how I can be of service to your group in better carrying out our primary purpose!

Love through service,

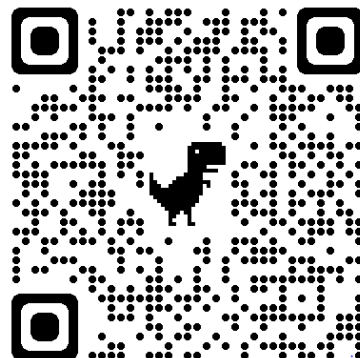
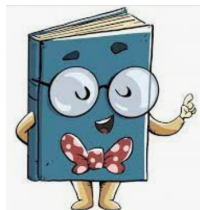
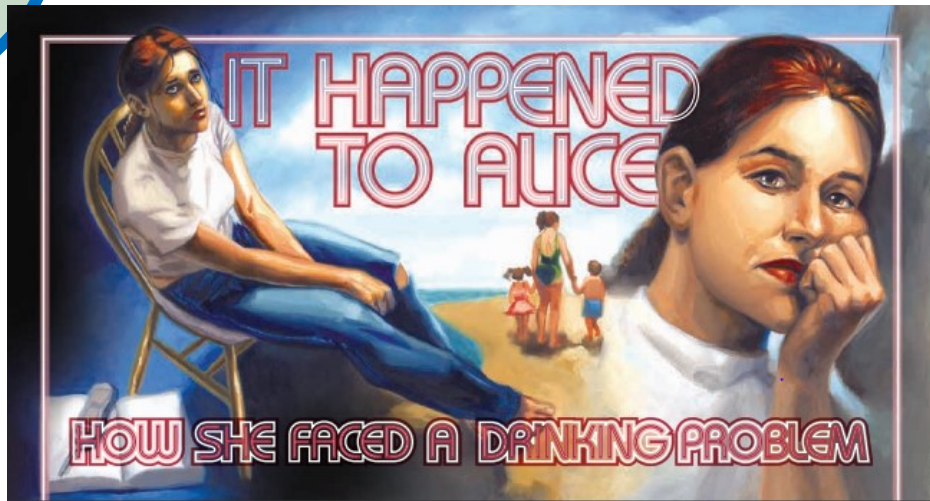
Mike B—Alternate DCM District 40

**Who are We? —Area #67 and District #40 - See Boundaries below**



**Next District 40 meeting  
Tuesday April 11  
7-9 pm  
Link Here:  
[Google Meet](#)**

**LITERATURE CORNER  
This months pamphlet—  
QR code = pamphlet**





## 76<sup>th</sup> Annual Texas State AA Convention

San Antonio, Texas

June 9 – 11, 2023

*"The age of miracles is still with us. Our own recovery proves that!"*

### Scheduled AA Speakers

Willard M. Austin, TX  
 Gary K. Sulphur Springs, TX  
 Tisa B. Sheep Springs, NM  
 Jackie K. Granbury, TX  
 Chris R. Ingram, TX  
 Old Timers Panel  
 Texas Panel 71 and 72, Delegates  
 G.S.O.: Jimmy D. Dallas, TX  
 Al-Anon: Stephanie B. Granite Shoals, TX

### Hotel Information

The Westin San Antonio North  
 9821 Colonnade Boulevard  
 San Antonio, Texas 78230  
 210-691-8888  
 Room Rates \$125 - \$145  
 Booking Code: (Texas State AA Conventions)

Registration Fee: \$30.00 at the door; early online registration \$25.00

## UPCOMING EVENTS: We aren't a Glum Lot

### 27<sup>th</sup> Annual Mouth of the Brazos Conference

*"Have you a sufficient substitute?"*

Friday, May 5th, 2023 - Sunday, May 7th, 2023

#### Friday, May 5th, 2023

5:00 pm Registration Opens  
 5:00 - 7:30 pm Food & Fellowship  
 7:30 - 8:00 pm Welcome  
 Pre-Registration Door Prizes  
 Mini Raffle  
 8:00 - 9:00 pm AA Speaker  
 Tracie J., Dallas, TX  
 10:00 - 11:00 pm Discussion Meeting

#### Location

Lake Jackson Civic Center  
 333 Highway 332  
 Lake Jackson, Texas 77566  
 (979) 415-2600

#### Hospitality Room

Friday: 5:00 pm – 11:30 pm  
 Saturday: 8:00 am – 11:00 pm  
 Sunday: 8:00 am – 12:00 pm

**Hospitality Room will be closed during all Speaker Meetings & Workshop**

#### Nearby Hotels

Comfort Suites (979) 297-5545  
 Towneplace Suites (979) 388-9300  
 Quality Inn (979) 265-8460  
 Texas Inn & Suites (979) 266-7774

#### Registration

AA / Al-Anon Pre-Registration \$20.00  
 AA / Al-Anon On-Site Registration \$25.00  
 Al-ATeen On-Site Registration \$ 5.00

Pre-Registration Cutoff Date: 5/01/2023

For further information e-mail:

Corey.c@aa-seta.org

#### Saturday, May 6th, 2023

8:00 am Registration Opens, Breakfast  
 8:30 - 9:30 am Early Bird Meeting  
 10:00-11:30 am Workshop-Friendships in AA  
 11:45 - 1:00 pm Lunch  
 1:00 - 1:45 pm Al-Anon meeting  
 2:00 - 3:00 pm Al-Anon Speaker  
 Cindy K., Fort Worth, Tx  
 4:00 - 5:00 pm Old Timer's Meeting (25+ years)  
 5:00 - 6:30 pm Food & Fellowship  
 6:40 - 7:00 pm Skit  
 7:00 - 8:00 pm Raffle, Sobriety Countdown  
 8:00 - 9:00 pm AA Speaker  
 Georgia B., Los Angeles, CA  
 9:15 - 9:45 pm Ice Cream Social  
 10:00 - 11:00 pm Discussion Meeting

#### Sunday, May 7, 2023

8:00 am Breakfast  
 8:30 - 9:30 am Early Bird Meeting  
 10:00 - 11:00 am AA Speaker  
 Gary K., Sulphur Spring, TX  
 12:00 pm Closing

### Pre-Registration Mail-In Form

Name: _____	Name: _____
Badge Name: _____	Badge Name: _____
Address: _____	Address: _____
City: _____	City: _____
State: _____ Zip: _____	State: _____ Zip: _____
HOME GROUP: _____	HOME GROUP: _____
( ) AA, \$20.00	( ) Al-Anon, \$20.00
( ) AA, \$20.00	( ) Al-Anon, \$20.00

Make Checks Payable to: Mouth of the Brazos Conference  
 P.O. Box 1641 Clute, TX 77531

## WORKING WITH OTHERS

MAY 19-20, 2023

*AN EXPERIENCE YOU MUST NOT MISS*

### Mens Sponsorship Workshop

#### Friday May 19

- 6:00-7:00 Food & Fellowship OB S.
- 7:30-9:00 Sponsorship Panel Paul M

#### Saturday May 20

- 7:30 Breakfast Jim Ed
- 8:30-9:30 Spiritual Discussion Curtis
- 9:45-10:45 Ask It Basket Rick M
- 11:00-12:00 BB Prayers Jim Ed
- 12:00-12:45 Lunch Rick M
- 12:50 - 2:30 BB Prayer discussion Jim Ed
- 2:45-4:30 St. Francis Prayer Fred & Gary
- 4:30 - 4:55 Welcome Families
- 4:55 - 6:00 Family Afterward Ron & Karen
- 6:30 - 8:00 Family Dinner Jim

#### Location

Dunbar Park Pavilion  
 803 FM 2004  
 Lake Jackson,  
 TX 77566

*Bring your favorite  
 Chair, snacks, towel,  
 sunscreen, Coat &  
 blanket, flashlight,  
 mosquito spray, etc.*

#### Weekend Fee: \$40.00

Please RSVP and pay your weekend fee ASAP

Weekend fee will cover food for the weekend and facility fee. *If you cannot afford the registration fee, please get with your sponsor so arrangements can be made. We want you to attend!*

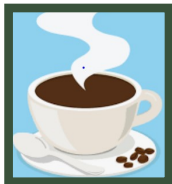
RSVP to

**Andy H**  
[andy\\_harr@yahoo.com](mailto:andy_harr@yahoo.com)  
**Steve C**  
[scsaltlife59@gmail.com](mailto:scsaltlife59@gmail.com)

#### Registration

Name: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Home Group: \_\_\_\_\_





**COFFEE CORNER:**

Hey District 40—This is OUR newsletter—Please share & submit your favorite stories, jokes, pictures, experience, strength and hope to make it inspiring, informative or just for some good clean fun!!!

Email [sara.a@aa-seta.org](mailto:sara.a@aa-seta.org)

**JUNE 2022 | STORIES BY LONGTIMERS! | OUR PERSONAL STORIES**

# Glad My Luck Ran Out

**BY: D.M. | YORKTOWN, TEXAS**

**This newcomer mom's got a new tattoo and she's shopping for a bike. She's sober now and living large**

I grew up in a small town where drinking was simply part of life. You didn't have a party without lots of beer.

Over the years, my drinking increased and then even more when I discovered chardonnay wine. I wouldn't just drink one glass at 5:00 P.M.—I drank a bottle and sometimes more. I'm a nervous person, so my excuse was that I wanted something to calm me down.

Soon my husband unhappily assumed the position of regulating my drinking. He was forced to put a lock on the liquor cabinet and take away my car keys so I couldn't drive off and buy more. Sometimes I'd find the hidden keys, or often I just walked to the store to get more alcohol. My family begged me to get help with my drinking, but I was sure I could drink like a normal person. My husband warned me that my luck would run out some day, and eventually that day came.

One night after he fell asleep, I found the car keys and I drove off to get more wine. I don't remember leaving the house, buying the wine or being stopped by the police. I do have some memories of what happened at the police station. I had to be held down by several officers in order for them to draw my blood for an alcohol test. My husband resentfully posted my bail. When I was released from jail, he informed me that I was going to rehab. I didn't argue. I knew he was right.

Overall, my stay at rehab was good. But the first few days without wine in the evening caused me to turn mean. I argued with resident assistants about their rules. In one situation I had the bright idea to say I needed to skip the evening AA meeting so I could work on my Steps. I threw a temper tantrum to try to get my way. I made the staff summon my therapist and call the resident assistant but, in the end, I didn't get my way. I went to the AA meeting that evening—and enjoyed it. I envied the young and beautiful women there who had found sobriety. Some of them even had tattoos, piercings and colored hair.

While I was sitting there in the meeting, it occurred to me how disrespectfully I had treated the resident assistants. I tried to think how I could apologize. When I returned from the AA meeting one of the assistants asked what I thought of the meeting, and I replied, "It was #@!\*ing dope," which was funny coming out of an older woman's mouth. Then I told him that he had passed the test, that I was really a spy placed at rehab. I was there to see if he would let an alcoholic push him around. He didn't and he passed the test. We laughed and became friends after that.

I'm home now and I'm really enjoying being sober. I got a hummingbird tattoo on my back and a nose piercing. I also took a motorcycle license class with my husband. He passed but I didn't. We are currently looking for a used motorcycle so I can practice and retake my test. I also took a handgun safety class, where I scored the highest for shooting at the target. I can't wait to see what my Higher Spirit will let me experience next. I'm so thankful for the new life I have. And it helps that it's one I can now remember.

Grapevine LINK Here: <https://www.aagrapevine.org/magazine/2022/jun/glad-my-luck-ran-out>









# January 2023—Meeting Minutes Pg 1

## DISTRICT 40 OFFICIAL MEETING MINUTES

**Meeting Location:**

Google Meet

<https://meet.google.com/scf-xndv-uoe>

[doug.d@aa-seta.org](mailto:doug.d@aa-seta.org) DCM  
[mike.b@aa-seta.org](mailto:mike.b@aa-seta.org) Alt. DCM  
[theresa.s@aa-seta.org](mailto:theresa.s@aa-seta.org) Secretary  
[ronnie.h@aa-seta.org](mailto:ronnie.h@aa-seta.org) Treasurer

**Mailing Address:**

District 40  
PO Box 19085  
Houston, Tx. 77024-9085

**Date:** Jan. 10, 2023

**Time:** 7:00 – 9:00 PM

**Attendees:**

**Call to Order** – 7:00 pm, Doug D. – Serenity Prayer

**PREAMBLE:**

**UNITY DECLARATION:**

**INTRODUCTIONS** – Name/Home Group/Service Position

**TRADITION/CONCEPT:**

**Motion:** Record District 40 Meetings so the secretary will have more accurate minutes – Doug. Failed

**Secretary’s Report** – Theresa S., (Alt. Chloe S.) Nov. and Dec. accepted with corrections

**Treasurer’s Report** – Ronnie H, (Alt. Eugenie C.) accepted

**DCM REPORT: Doug D** - Welcome to all the new GSRs and those returning to service at the district level. I’ll make this quick due to the other business we have today. Please make sure you have filled out the group change form if you are a new GSR or Alt GSR and I would recommend signing up for a SETA email address. Please email me if you need any help.

**Alt DCM Report: Mike B.** - Welcome to all the new GSRs and Alt-GSRs! Please let me know how I can best serve you and your homegroup, so that we can carry out our primary purpose.

I was unable to attend the first meeting for the AdHoc committee to determine location of our hybrid District meeting, I was able to reach out to the Spring Branch Club, where we have met in the past, and determine; they were #1 excited to hear from us, and #2 had a room available for us to use. I relayed that to Matt G, who is heading the AdHoc committee. Thank you for your service, Matt.

I was also able to negotiate with our current storage facility for our District 40 items. They recently tripled our monthly fee, and I was able to get them to lower it for the next several months to closer to what it originally was. I will re-engage them in April to get them to do a longer-term reduction.

SETA convention is in Beaumont this month, January 13-15 th. I look forward to seeing each of you there! Bring someone! Thank you for letting me be of service!

**DISTRICT COMMITTEE REPORTS:**

- Archives Rep – Open
- CFC Rep – Open
- CPC Rep – Open
- Grapevine Rep – Open
- IT Rep – Peggy A.
- Houston Intergroup Liaison – Fernando B.

## January 2023—Meeting Minutes Pg 2

- Literature Rep – Carol F.
- Newsletter Editor – Sara A
- PI Rep – Open
- TFC Rep – Matt. G

**Ad Hoc Committee Report – 2023 Hybrid Meeting – Matt G. – still researching locations**

**New Business:**

- **Motion- that we vote to hold our District Inventory Meeting(s): either: Eugenie**
  - a. Entirely in person
  - b. Entirely online
  - c. Hybrid (both in person and online)**Old Request – No action taken**
- **District Inventory Facilitators**
  - a. Darin – Area 25. Panel 72
  - b. Wayne – Area 65, Panel 71Each gave a brief Bio, discussed availability, discussed purpose od inventory, different ways to do it, both could do hybrid, both could do in person, would need 3-4 hours  
**Motion to do it quickly – Passed**  
**Vote for Facilitator – Wayne**  
**Date – February 25**  
**Vote for time – 10am – 1pm on Google Meet**
- **Motion by Marilyn to do inventory in person – Failed**
- **Motion made by Marilyn to send out questions in advance – Passed**
- **Motion to use standard questions – vote on in February.**

**Old Business:**

- **Open positions 2023 – Archives, CFC, CPC, Grapevine, PI**
- **Eric C. voted in as CPC Rep**

**GSR/GENERAL SHARING SESSION - (3 min. each including feedback from others if requested)**

**☑ Feedback, News, Concerns, Questions, Etc.**

**Final Call for attendee information recorded in the Chat.**

**RESPONSIBILITY STATEMENT :**

**ADJOURN - 9:17pm**

**2023 District 40  
Officers and Committee Representatives**

<u>Position</u>	<u>Name</u>	<u>Email</u>
DCM	Doug D	<a href="mailto:Doug.d@aa-seta.org">Doug.d@aa-seta.org</a>
Alt DCM	Mike B	<a href="mailto:Mike.b@aa-seta.org">Mike.b@aa-seta.org</a>
Secretary	Theresa S	<a href="mailto:Theresa.s@aa-seta.org">Theresa.s@aa-seta.org</a>
Alt Secretary	OPEN	
Treasurer	Ronnie H	<a href="mailto:Ronnie.h@aa-seta.org">Ronnie.h@aa-seta.org</a>
Alt Treasurer	OPEN	
Archives	OPEN	
Newsletter Editor	Sara A	<a href="mailto:sara.a@aa-seta.org">sara.a@aa-seta.org</a>
Grapevine Rep	OPEN	
IT Rep	Peggy A	<a href="mailto:peggy.a@aa-seta.org">peggy.a@aa-seta.org</a>
Literature Rep	Carol F	<a href="mailto:carol.f@aa-seta.org">carol.f@aa-seta.org</a>
CFC Rep	OPEN	
Intergroup Rep	Fernando B	<a href="mailto:Fernando.b@aa-seta.org">Fernando.b@aa-seta.org</a>
CPC Rep	Eric C	
PI Rep	OPEN	
TFC	Matt G	<a href="mailto:matt.g@aa-seta.org">matt.g@aa-seta.org</a>

## AREA 67 COMMITTEE MEETINGS

Committee	Meeting Date & Time	Location
Archives	2nd Sunday of the Month 1pm	Zoom ID: 858-6157-6627 Passcode: 423970 Houston Intergroup 5151 Mitcheldale St, HTX 77092 Conference Room
CPC - Cooperation with the Professional Community	1st Monday of the Month 7:30p	Zoom ID: 632-634-860 Passcode: 153379
CFC - Correctional Facilities	3rd Wednesday of the Month 7:30p	Zoom ID: 4772549035 Passcode: heartbeat Houston Intergroup 5151 Mitcheldale St, HTX 77092 Conference Room
Grapevine	3rd Thursday of the Month 7:30p	Zoom ID: 114 207 273 Passcode: 610793
Intergroup (Delegate's Meeting)	3rd Thursday Every Other Month 8p	Zoom Call (786)686-6300 for more info
IT - Internet Technologies	4th Saturday of the Month 10am	Google Meet: ID: nqm-vypy-yao
Multi-Lingual	1st Thursday of the Month 7:30p	District 66 4800 5645 Hillcroft Suite 410 HTX, 77036
Literature	3rd Tuesday of the Month 8:30p	Zoom ID: 257 198 925 Passcode: 443980
PI - Public Information	4th Tuesday of the Month 7:30p	Zoom ID: 330 417 285 Passcode: 153379
TFC - Treatment Facility Committee	15th Day of Every Month 7p	Zoom ID: 552 569 731 Passcode: 169753