

December 2022

# DISTRICT #40 NEWSLETTER

UNITY - RECOVERY - SERVICE

## A Time for Change

**Jackie S., District 40 DCM**

It is time to move on to a different season in our lives. I pray we would all invite God into the next phase of our life and that we would have peace and serenity and do our best to do His will. I pray we would try to bring joy to others and not take ourselves too damn seriously. Merry Christmas to all and I wish you a Happy New Year!

### Next District Meetings

Tuesday January 10th 7 - 9 PM

[Google Meet](#)

## Next Rotation

**Doug D., District 40 Alt-DCM**

I have been giving a lot of thought to how I wanted to conduct the District 40 meeting next year. It will be my responsibility to prepare the agendas and manage the time & discussion of the monthly meeting as stated in the District 40 Policies and procedures manual. So here are a few things I am going to put in place to facilitate this.

Committee Reps reports, the full report to be sent to the secretary before the meeting, during the meeting each rep will have 2 minutes to cover the topics they feel are important. This will allow the meeting to continue on time and also give all the information to be in the minutes.

## Step 12

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs

## Tradition 12

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place

## Concept 12

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

# December 2022

The Unofficial minutes will be sent out a few days after the District meeting. This will give the full reports to the GSRs so they can have the information in hand and might not have to spend the whole meeting taking notes.

I think the GSRs will be more informed with this process in place and I believe that this will allow them to discuss the issues with their Home Group and bring back their group's conscience to the next meeting. That is their responsibility to be the voice of their Home Group.

The Outreach Committee is something I heard about at SWRAASA and would like to get it started. I have talked with a few people already and they are on board. This will be a small group of District 40 members going to meetings at active, inactive, or dark groups and just seeing if we can be of service. The further you go down the triangle in AA the more people you are obligated to be of service to.

I am looking forward to this next stage in my service and see what we can accomplish in this next rotation.

## Upcoming Events

If you ever want to add events to the newsletter please email them to [Fernando.b@aa-seta.org](mailto:Fernando.b@aa-seta.org)



**Sober Celebrations – 5609 3rd St, Katy**

### 12 Hour Holiday AA Alcothon Meetings

**Thanksgiving Nov 24, 2022 (Thursday)  
Christmas Dec 25, 2022 (Sunday)  
New Year's Eve Dec 31, 2022 (Saturday)**

If you're looking for serenity after the holiday celebrations with family and friends, come join the AA fellowship for any of the 12 hour alcothon meetings beginning at 7:00 pm on each holiday listed and continuing every 1 1/2 hour until 7:00 am the following morning. Please feel free to bring food to share if you are able. Looking forward to sharing fellowship and serenity during the holidays!

### 60TH ANNUAL SETA CONVENTION

JANUARY 14th, 14th & 15th 2023 - Houston, Texas  
"New World Come to View" Alcoholics Anonymous, pg. 12  
Registration Closed Dec 30th, 2022

Registration  
Pre-Registration - \$15.00  
At-Home Pre-Registration - \$15.00  
Virtual Attendance - \$10.00  
\*Alcoholics Anonymous - Free (Must have permission slip)

**Friday - January 13th**  
8PM AA Speaker - TBD  
9PM - Special Speaker - TBD  
Saturday - January 14th  
10 AM - AA Speaker - TBD  
11 AM - AA Speaker - TBD  
12 PM - AA Speaker - TBD  
1 PM - AA Speaker - TBD

Head: NCM Executive Board - 2022-2023, Houston, TX 77001 Head room rate is TBD per night/Head out-of-pocket is TBD. To reserve your room, please call 409-862-5600 and mention the SETA Convention. Limited rooms are available... so please reserve your room early.

Note: Your attendance at this 60th conference is an important opportunity to share the AA experience in a broad way. There are many AA conference activities that extend the week. The conference description of these activities is that they are AA meetings and that there are no dues or fees for AA membership. There should be no fee to attend these events. Conference attendees are special guests, and regular AA meetings. The conference description requires months of planning, preparation, and action to present. Your attendance is an honor and a privilege. We are looking forward to your participation in this special event. We are looking forward to your participation in this special event. We are looking forward to your participation in this special event.

Mail to: SETA Convention  
C/O Andrew Lightfoot  
1400 Montrose Blvd.  
Houston, TX 77001

Conference Registration  
Name: \_\_\_\_\_ AA: \_\_\_\_\_ AA-Home: \_\_\_\_\_ AA-Home: \_\_\_\_\_  
Home Group: \_\_\_\_\_ Badge Name: \_\_\_\_\_  
Name: \_\_\_\_\_ AA: \_\_\_\_\_ AA-Home: \_\_\_\_\_ AA-Home: \_\_\_\_\_  
Home Group: \_\_\_\_\_ Badge Name: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_

\*Early Registration (\$15.00) Qty: \_\_\_\_\_ On-Site Registration (\$15.00) Qty: \_\_\_\_\_  
Coffee Badge (\$5.00) Qty: \_\_\_\_\_ Scholarship: \_\_\_\_\_  
Please accept no donation of \_\_\_\_\_  
Total amount enclosed: \_\_\_\_\_  
\*Note: Check registration \$15.00

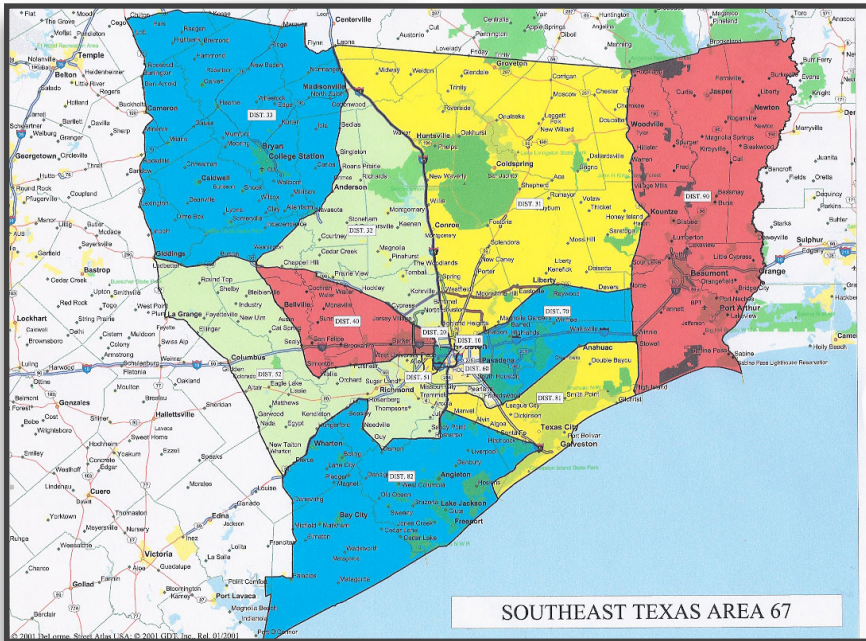
Please indicate Special Needs: \_\_\_\_\_

**BBQ Cook Off**  
Gates OPEN at 8:00 for AA Cook-off Teams  
Cash Prize And Trophy  
Brisket, Ribs, Chicken Entries  
Food Ready Between 4 and 5 PM  
Judges Will Be Picked By Drawing

**December 10 Saturday**  
3pm To 6pm  
\$50 Entry Fee Donation, Half Of Fees will be Used For Winning Prize.  
Fishing And Bake Auction Meeting After the Events  
925 Spur 10 North, Rosenberg TX 77471  
Twin Cities Facility

Questions: [christopher.g@aa-seta.org](mailto:christopher.g@aa-seta.org) (832-692-5506)  
[gary.b@aa-seta.org](mailto:gary.b@aa-seta.org)

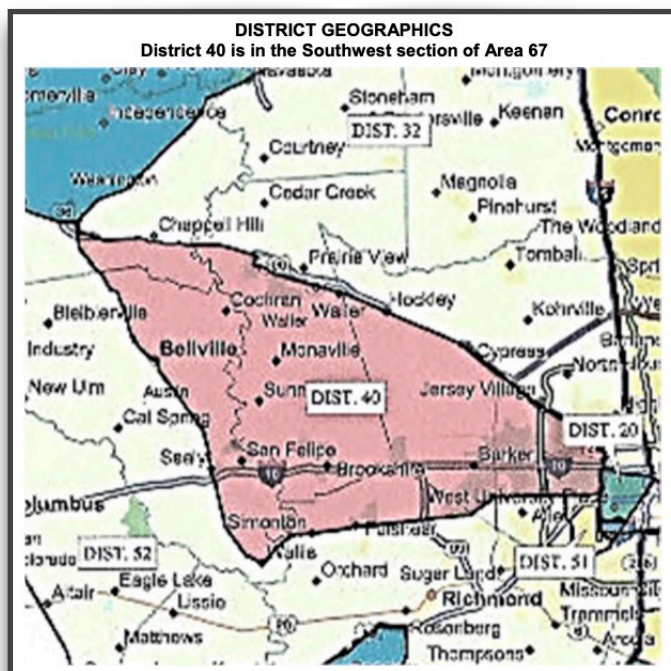
# December 2022



**Faith  
Leaders**  
Ask About  
Alcoholics  
Anonymous



**Pamphlet of the Month -  
November**  
**Faith Leaders Ask About A.A.**  
Scan the QR code or [click  
here](#)



This is A.A. General Service  
Conference-approved literature.



# December 2022

## October Treasurer's Report for District 40

SETA District 40 Monthly Financial Report -- October 2022							
EXPENSES	Initial Approved Budget	Approved Budget Changes	Approved Budget	Expense This Month	Year to Date	% This Month	% Year to Date
DCM	\$ 925		\$ 925	\$ 208.26	\$ 893.88	23%	97%
Alt. DCM	\$ 900		\$ 900	\$ 208.26	\$ 893.88	23%	99%
Secretary / Copying	\$ 50		\$ 50	\$ -	\$ -		
Treasurer	\$ 75	\$ 275	\$ 350	\$ -	\$ 171.22		49%
Newsletter	\$ -		\$ -	\$ -	\$ -		
Zoom Meeting Hosting	\$ 180		\$ 180	\$ 15.00	\$ 150.00	8%	83%
PO Box	\$ 95		\$ 95	\$ -	\$ 156.00		164%
Literature Committee	\$ 175		\$ 175	\$ -	\$ -		
PI	\$ 50	\$ 1,789	\$ 1,839	\$ -	\$ -		
Grapevine	\$ 50		\$ 50	\$ -	\$ -		
CFC	\$ 300		\$ 300	\$ -	\$ -		
TFC	\$ 75		\$ 75	\$ -	\$ -		
Archives Committee	\$ 100		\$ 100	\$ -	\$ -		
Intergroup Donation/Contribution	\$ -		\$ -	\$ -	\$ -		
GSO Donation/Contribution	\$ -	\$ 1,789	\$ 1,789	\$ -	\$ 1,789.04		100%
IT Committee	\$ 50		\$ 50	\$ -	\$ -		
Miscellaneous	\$ -		\$ -	\$ -	\$ -		
Gratitude Dinner - Donation	\$ -		\$ -	\$ -	\$ -		
Gratitude Dinner - Food	\$ -		\$ -	\$ -	\$ -		
Fellowship Fest	\$ -		\$ -	\$ -	\$ -		
Traditions Dinner	\$ 1,300		\$ 1,300	\$ -	\$ 1,162.31		89%
Service Workshop	\$ 300		\$ 300	\$ -	\$ -		
SWRAASA (Even Years)	\$ 1,900		\$ 1,900	\$ 1,206.40	\$ 1,206.40	63%	63%
The Forum (Odd Years) See Note	\$ -		\$ -	\$ -	\$ -		
Delegate Report Meeting	\$ -		\$ -	\$ -	\$ -		
State Convention Hospitality Suite	\$ -		\$ -	\$ -	\$ -		
SETA Hospitality Group Contribution	\$ -	\$ 600	\$ 600	\$ -	\$ 500.00		83%
SETA Hospitality - District 40	\$ 578		\$ 578	\$ -	\$ 578.37		100%
<b>TOTAL</b>	<b>\$ 7,103</b>	<b>\$ 4,453</b>	<b>\$ 11,556</b>	<b>\$ 1,637.92</b>	<b>\$ 7,501.10</b>	<b>14%</b>	<b>65%</b>

INCOME	
Group Name	Receipts This Month
Broad Highway Group	\$ 2.60
Everything is "Alright Already"	\$ 50.00
Friends of Bill W. (Post Oak)	\$ 50.00
Katy 12 & 12	\$ 51.81
Memorial Going Home Group	\$ 75.37
Rule 62 Group	\$ 48.65
Saturday Solutions Group	\$ 26.80
Westchase Nooners	\$ 50.00
Wild West Group	\$ 90.50
Journey Group	\$ 11.63
<b>TOTAL INCOME THIS MONTH:</b>	<b>\$ 457.36</b>

Beginning Bank Balance	\$ 5,713.78
Total Expenses this Month	\$ 1,637.92
Total Income this Month	\$ 457.36
Outstanding checks cashed this month	\$ -
Held for SETA Hospitality	\$ 100.00
Prudent Reserve (0.25 x Budget)	\$ 2,441.85
Unrestricted Funds	\$ 1,991.37
Ending Balance / Total Funds	\$ 4,533.22
Unspent Portion of Budget	\$ 4,055.35

NOTES:

SETA DISTRICT 40 --- EXPENSE BY MONTH & TOTAL FOR 2022															
	Budget	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total YTD	
DCM	\$ 925	\$ 269.10			\$ 208.26			\$ 208.26			\$ 208.26			\$ 893.88	
Alt. DCM	\$ 900	\$ 269.10			\$ 208.26			\$ 208.26			\$ 208.26			\$ 893.88	
Secretary / Copying	\$ 50													\$ -	
Treasurer	\$ 350	\$ 17.00	\$ 2.00	\$ 17.00	\$ 51.80	\$ 60.50	\$ -	\$ -	\$ 22.92	\$ -	\$ -			\$ 171.22	
Newsletter	\$ -													\$ -	
Zoom Meeting Hosting	\$ 180	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00	\$ 15.00			\$ 150.00	
PO Box	\$ 95				\$ 156.00									\$ 156.00	
Literature Committee	\$ 175													\$ -	
PI	\$ 1,839													\$ -	
Grapevine	\$ 50													\$ -	
CFC	\$ 300													\$ -	
TFC	\$ 75													\$ -	
Archives Committee	\$ 100													\$ -	
Intergroup Donation/Contribution	\$ -													\$ -	
GSO Donation/Contribution	\$ 1,789	\$ 1,789.04												\$ 1,789.04	
IT Committee	\$ 50													\$ -	
Miscellaneous	\$ -													\$ -	
Gratitude Dinner - Donation	\$ -													\$ -	
Gratitude Dinner - Food	\$ -													\$ -	
Fellowship Fest	\$ -													\$ -	
Traditions Dinner	\$ 1,500				\$ 300.00		\$ 132.81	\$ 613.62	\$ 115.88					\$ 1,162.31	
Service Workshop	\$ 300													\$ -	
SWRAASA (Even Years)	\$ 1,900										\$ 1,206.40			\$ 1,206.40	
The Forum (Odd Years) See Note	\$ -													\$ -	
Delegate Report Meeting	\$ -													\$ -	
State Convention Hospitality Suite	\$ -													\$ -	
SETA 2022 Hospitality Suite Group Contributions	\$ 600	\$ 500.00												\$ 500.00	
SETA 2022 Hospitality Suite - District 40	\$ 578	\$ 578.37												\$ 578.37	
TOTAL	\$11,756.45	\$ 3,437.61	\$ 17.00	\$ 32.00	\$ 939.32	\$ 75.50	\$ 147.81	\$ 1,045.14	\$ 153.80	\$ 15.00	\$ 1,637.92	\$ -	\$ -	\$ 7,501.10	

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## Group Contributions 2022

SETA DISTRICT 40 -- GROUP CONTRIBUTIONS FOR 2022													
District 40 Groups	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YEAR
Another Chance Group													\$ -
Bear Creek Fellowship													\$ -
Beginners Group													\$ -
Broad Highway Group							\$ 20.20		\$ 8.60	\$ 2.60			\$ 31.40
Bunkerhill Tuesday A.A. Group			\$ 147.00										\$ 147.00
Chapelwood Tues Bpm		\$ 90.45						\$ 343.00					\$ 433.45
Colors of Change Group			\$ 55.50										\$ 55.50
Copperfield Willingness Group		\$ 147.00											\$ 147.00
Daily Reflections Group							\$ 7.53		\$ 5.00				\$ 12.53
Drifter's Group (000606304)													\$ -
Everything is "Alright Already"										\$ 50.00			\$ 50.00
First Light Group													\$ -
Four Horsemen Group		\$ 58.00		\$ 17.38									\$ 75.38
Fourth Promise Group													\$ -
Fry Road Group		\$ 80.00			\$ 100.00			\$ 150.00					\$ 330.00
Friends of Bill W. (Post Oaks)	\$ 50.00	\$ 100.00	\$ 50.00		\$ 150.00			\$ 100.00	\$ 50.00	\$ 50.00			\$ 550.00
Friends of Bill W. (West Houston CC)													\$ -
Fulshear Group													\$ -
God Meeting Group						\$ 72.00							\$ 72.00
Good Morning Open Book Study Group							\$ 31.30						\$ 31.30
High Hopes									\$ 8.00				\$ 8.00
Hockley Group	\$ 45.00												\$ 45.00
Houston Young People													\$ -
Journey Group		\$ 14.24	\$ 12.89				\$ 14.41			\$ 11.63			\$ 53.17
Just For Today	\$ 120.80												\$ 120.80
Just The Black Print Group													\$ -
Katy 12 & 12	\$ 134.31	\$ 52.19		\$ 141.90			\$ 51.49	\$ 338.95	\$ 48.99	\$ 51.81			\$ 819.64
Katy 164 Group													\$ -
Katy Big Book													\$ -
Katy Crossroads Group	\$ 25.80		\$ 40.20			\$ 40.00			\$ 40.00				\$ 146.00
Katy Primary Purpose Group													\$ -
Kingsland Group													\$ -
Living Now Group													\$ -
Memorial Going Home Group	\$ 43.35			\$ 77.40			\$ 53.00			\$ 75.37			\$ 249.12
Memorial West Group													\$ -
Men's Supper/Step Study Group													\$ -
Moreville Group													\$ -
New Beginnings group													\$ -
New Oxford Group													\$ -
Our Common Journey Group (Closed in 2017)								\$ 223.60					\$ 223.60
Outpost Group (Men's)				\$ 125.00					\$ 200.00				\$ 325.00
Peek Road Group													\$ -
Primary Purpose Group - SGS							\$ 192.77						\$ 192.77
Rooted in Love Group													\$ -
Rosewood Thursday Night Group								\$ 227.25					\$ 227.25
Rule 52 Group	\$ 49.00			\$ 46.38			\$ 49.54			\$ 48.65			\$ 193.57
Sage-Piney Point													\$ -
Sage-Piney Point Noon Tuesday		\$ 8.78		\$ 118.04			\$ 30.00						\$ 156.82
Saturday Solutions Group		\$ 35.00	\$ 19.60				\$ 19.30			\$ 26.80			\$ 100.70
Simply AA													\$ -
Sisters in Serenity	\$ 25.00												\$ 25.00
Sober in Brookshire													\$ -
So Far So Good Group													\$ -
Spring Shadows Group													\$ -
Spring Shadows Group													\$ -
Stepping Stones in Recovery Katy													\$ -
Steps in Sobriety													\$ -
Taking Care of Business													\$ -
Tuesday Night Step Study					\$ 68.25			\$ 47.83					\$ 116.08
There is a Solution Group							\$ 74.78						\$ 74.78
36 Principles Group													\$ -
Wednesday Reflections													\$ -
Westchase Nooners								\$ 50.00		\$ 50.00			\$ 100.00
West Memorial													\$ -
Wild West Group	\$ 22.87			\$ 83.49			\$ 79.38			\$ 90.50			\$ 276.24
Working With Others		\$ 200.00											\$ 200.00
White Oak													\$ -
Unknown			\$ 10.00										\$ 10.00
TOTAL:	\$ 516.13	\$ 785.66	\$ 335.19	\$ 609.59	\$ 318.25	\$ 112.00	\$ 623.70	\$ 1,480.63	\$ 360.59	\$ 457.36	\$ -	\$ -	\$ 5,599.10

# December 2022

## DISTRICT 40 OFFICIAL MEETING MINUTES

### Meeting Location:

ZOOM  
Meeting ID: 824 4810 5482  
Passcode: 072830

[jackie.s@aa-seta.org](mailto:jackie.s@aa-seta.org) DCM  
[doug.d@aa-seta.org](mailto:doug.d@aa-seta.org) Alt. DCM  
[natalie.a@aa-seta.org](mailto:natalie.a@aa-seta.org) Secretary  
[ronnie.h@aa-seta.org](mailto:ronnie.h@aa-seta.org) Treasurer

### Mailing Address:

District 40  
PO Box 19085  
Houston, Tx. 77024-9085

**Date:** October 11, 2022

**Time:** 7:00 – 9:00 PM

**Attendees:** 30

**Call to Order** – 7:00 pm, Jackie S. – Serenity Prayer

**PRE-AMBLE** – Heather T.

**UNITY DECLARATION** - Carol F.

**INTRODUCTIONS** – Name/Home Group/Service Position

Welcome: Lilly K., Cecily, Jeff H.

**TRADITION/CONCEPT** – Tradition X – Gary S. / Concept X – Fernando B & Theresa S

Thank you!

Next Month: Tradition XI – Dawson P. / Concept XI – Fernando B.

**Secretary's Report** – Natalie A., (Alt. Ed S.) accepted as corrected

**Treasurer's Report** – Ronnie H, (Alt. Eugenie C.) Ronnie Wait - asked reps to provide budget for 2023

### DISTRICT OFFICER REPORTS

### DISTRICT COMMITTEE REPORTS:

- **Archives Rep** – Mike B.

In Attendance: Mike D, Chair; Mike B, Co-Chair; Sarah D, Secretary; Eddie R, Archivist

☐ The following are discussion items generated by the participants at the meeting before the member opened formally:

- o Announce the Archives Committee Meeting information to the Districts.
- o What do the Districts Committees need from our Archives Committee? What are their concerns and questions?
- o Need to organize the Repository area and map out where the different areas like such as supplies for projects, stored record items with written inventory, items to be processed and stored and working area for digitizing.
- o Ideas for new projects – one suggestion, “colorful characters.”
- o Projects focusing on Districts like the District historically and having displays for each District.
- o Organize the Archives Committee Meeting – having each committee member prepare a report on what they will share.

☐ Elections at the October Assembly – will have new Archive Committee Chair

☐ Designate different committee members to give presentations at the District Meetings.

Opportunity for more of the committee to get experience.

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📺 Making more use of videos like those shown at NAAAWS annually.

Meeting began officially:

NAAAWS:

Eddie shared about his experiences at the NAAAWS held in Detroit. Mike B asked if the expenses had been covered in the budget. Eddie explained there was a drawing to determine which committee would have their expenses covered. did win but the Workshop was cancelled because of COVID and then the Workshop in San Antonio the following year was cancelled. The next Workshop is scheduled for Little Rock. Mike B said he would not be able to attend to due work and family.

Repository:

Storage - Kelly has agreed to allot the Committee more space. The Committee visited the space.

There was concern that the space was open to the weather at the back entrance to Intergroup, a part of the space, and documents would be exposed to the effects of humidity.

Digitization – the Committee discussed “the Cloud” and digitizing the records.

Contribution to Archives – Mike D shared with the Committee about the contribution of Silent Rostrums by Intergroup and Kelly to Archives.

Project – set up display about Icky S, the first SETA Delegate.

- **CFC Rep – Marcus S**
- CFC annual conference was September 9-11, 2022. It was excellent and we had over 200 participants.
- We had 13 letters from incarcerated persons, 10 from men and 3 from women.
- \$ 3,580.00 spent on literature!!!!
- We got Blue Cans if you need Blue Cans
- Volunteers who want to go to the Jester Unit on Thursday evenings
- Will be holding elections on Wednesday, November 16th
  
- **CPC Rep – Bill A.**
- Michael H was voted in as our new chair for next years in Area 69 CPC. No Alt was voted in.
- We are reaching out to DWI programs and probation services to surrounding counties to set up times and dates to give CPC Presentations.
- We are anxious about getting the Hospital 12 step program going again and are making preparations to start going to into hospitals and talking
- restarting the program.
- There are many service opportunities in CPC as everything is opening back up post covid
  
- **Grapevine Rep –**
- Darryl W has been elected as Area Grapevine Chair for the next two years
- I have resigned as Area Grapevine Alt-chair.
- On 15 September 2022 the Area Grapevine committee met at 7pm CT. In that meeting the committee discussed about how to acquire a dolly for transporting Grapevine materials to in person presentations and displays, the Area committee getting in touch with the districts for gaining more representatives and presentation opportunities, a planned presentation for district 32 (date TBD), and the inclusion audiobooks and digital subscriptions in their inventory.
- After giving this report, I officially resign from the District 40 Grapevine Representative position

Thank you for letting me be of service.



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- **IT Rep –**
- **Houston Intergroup Liaison – Mitch A.**
- **Literature Rep – Dan K.**
- District 40 Literature Rep Report- October 11th, 2022
- □ Purpose: The purpose of the literature committee is to raise the awareness for AA conference approved literature, audiovisual, and other special items.
- □ The Area literature committee met on Tuesday, September 20 th via Zoom with 3 attendees. Our Chairperson, Hilton, gave his report, and expressed concern at dwindling committee meeting attendance. He shared on his experience attending the Unity Day that District 70 hosted, where he set up the Area Literature display, and the pamphlet packet was a hit. It was well attended and had strong fellowship with a skit and a great speaker. The alt chair gave a brief report, sharing on mentioning a pamphlet during a lead at a discussion meeting, and how one of the shares at that meeting mentioned a meeting they had attended that focused on the pamphlets, which was cool to hear! As a committee, we discussed ideas for the pamphlet packet going forward around # of pamphlets to include, rotating of the which pamphlets to include, etc.
- □ This month's pamphlet is "A.A. for the Older Alcoholic-Never Too Late [https://www.aa.org/sites/default/files/literature/assets/p-22\\_AAfortheOlderAA.pdf](https://www.aa.org/sites/default/files/literature/assets/p-22_AAfortheOlderAA.pdf)
- This pamphlet will acquaint you with some men and women from a wide variety of backgrounds who have had equally diverse experiences with alcohol. What they have in common is that all of them came to grips with their alcoholism around the age of 60. They began drinking at different periods in their lives. They drank for various lengths of time. Their backgrounds and circumstances were different. One man drank alcoholically only two and a half years — another drank for 50 years. Several drank to ease the loneliness when a spouse died, one to ease the tensions of a high-powered career. One woman, who went directly from the cardiac care unit to detox, merely switched from vodka to white wine. These stories illustrate that alcoholism comes in many different forms and in a variety of disguises. Whether or not you are an alcoholic is not determined by where you drink, when you started drinking, how long you've been drinking, with whom you drink, what you drink, or 5 even how much you drink. The true test is in the answer to this question: What has alcohol done to you? If it has affected your relationships with your family, friends, or former or present employers; if it has influenced the way you schedule your days; if it has affected your health; if it determines or affects your moods or your state of mind when not drinking; if you are in any way preoccupied with alcohol — then the likelihood is that you may have a problem
- 
- □ Next Area Literature meeting on Zoom, October 18th, 2022 @ 8:30PM
- **Newsletter Editor:** Fernando B./ see attached newsletter
- **PI Rep – Theresa S.**
- TFC Rep

## **Mike B. – Incoming Alt. DCM / SWRAASA REPORT**

What's better than an 8-hour road trip with some fellow recovering alcoholics? Not too many things if you ask me. My journey to SWRAASA started at 5a Friday morning, as we backed out of my driveway while most folks were still sleeping. With my service sponsor and one of his pigeons filling the seats in my truck, we had great conversations, some snoring and a



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few bio breaks along the way. We arrived at the hotel in Tulsa, OK at a little after 1p, sore, tired, but grateful to finally be there. Now to the real reason for this report....

Let me tell you about all the good food we ate.... I'm kidding...though it was good. Friday night was kept light, meaning we had 11 Alt-Delegates from the region give short talks on the Traditions. If your math skills are decent, someone got stuck with two Traditions. All did a fabulous job. Following this, our current Southwest Regional Trustee gave a 30-minute report, which lead to a 30-minute question-and-answer session. There was a skit put on after this.

For the early birds, there was an AA meeting at 7a. After that there were 6 breakout sessions each hour, starting from 8:30a to 5p, for a total of 36 workshops for the day. Wait, 36 principles...36 workshops...I see what they did there. I personally attended; History 1935-1970, GSR, DCMs, Involving the Alternate, Area Websites for NOOBS and finally Sponsorship. Each session leader did a wonderful job with their respective topics.

After dinner there was 45-minute talk on "What Service Means to Me" followed by the Delegate Sharing Session. Each Delegate got up and gave a brief talk on a topic they picked from a hat, ranging from Sponsorship, Safety, Self-Supporting to Singleness of Purpose. This section was an hour and a half. Each Delegate did a wonderful job. After this a band entertained to close things out.

Sunday morning started early for some, as there was an AA meeting at 7a, followed by a Trustee Panel with a topic of "Looking Ahead", and a question-and-answer session afterward. To close things out there was a Business Meeting. It was a packed weekend full of worthwhile content. I look forward to seeing each of you at SWRAASA 2024 in Richardson, TX, hosted by Area 65 October 11<sup>th</sup> through 13<sup>th</sup>. Thank you for allowing me to serve!

Love in service,

Mike Bolyard

**Alt DCM report** – Doug D.

I will put together all my thoughts on swraasa for my newsletter article for next month. It was a full weekend of information and workshops on many different levels of service in AA.

Just a heads up that in 2 years it will be in Richardson Tx and in 2 years after that it will be in Houston. There are so many different topics in workshops so there is something for everyone. It is a great way to get more members of your home group to get involved in service.

I would like to thank all our D40 GSR that was at the Oct assembly where we held elections where it went to the hat on the area chair. You don't get to see that too many times so it was exciting to see it in person.

# December 2022

**Guest Speaker – Melissa R., Past Delegate – District Inventory Presentation**

Questions 16 and 17 were added by the person who called for the inventory, Melissa added #18. Melissa felt the inventory should be done in person, with possibly 3-4 meeting to complete the process. Her idea was to rewrite the questions leaving space after each question for each member to write their answers, we would be given two weeks to complete the questions. Once completed we would send our answers to her sponsor (to maintain anonymity) who would tally them up. Once tallied, we would meet to discuss the outcomes (this would take up to 4 meetings to discuss them all. The last meeting would be a summary. Melissa also gave dates when she would be available.

**Q. How often should an inventory be done? Every five years?**

**A** Area does their inventory every five years as written in the policies and procedures but a district can decide how often they want to do it.

**Q Are you (Melissa) designated to do the inventory**

**A** No, Jackie asked me to do it.

**Q Why does it have to be done in person?**

**A** Because that is my(Melissa) criteria, take it or leave it.

**Q Could it be done hybrid?**

**A** No, it needs to be done in person because it is important to see faces and body language.

**Q. Who is invited?**

**A** All D40 members, even nonvoting members and past DCMs

**Q. How long has it been since the last inventory?**

**A** Jackie answered, not since I have been in service so at least 8 years.

**Q. Why are we doing this? Are there problems?**

**A** Read questions 16, 17, 18.

**NEW BUSINESS:**

**New Business**

**1. Motion – District Inventory Requested, motion passed by 2/3 majority**

**Have Melissa do it? Failed by 2/3 majority**

**Jackie asked everyone to email her with suggestions for who to do the inventory, will vote at next meeting**

**2. D40 Hybrid Meeting Committee – Tabled until next meeting**

**GSR/GENERAL SHARING**

**RESPONSIBILITY STATEMENT : Matt G.**

**ADJOURN : 9:00pm**

## December 2022

### District 40 Officers and Committee Representatives

<u>Position</u>	<u>Name</u>	<u>Email</u>
DCM	Jackie S.	<a href="mailto:jackie.s@aa-seta.org">jackie.s@aa-seta.org</a>
Alt DCM	Doug D.	<a href="mailto:doug.d@aa-seta.org">doug.d@aa-seta.org</a>
Secretary	Natalie A.	<a href="mailto:natalie.a@aa-seta.org">natalie.a@aa-seta.org</a>
Alt Secretary	Ed S.	<a href="mailto:ed.s@aa-seta.org">ed.s@aa-seta.org</a>
Treasurer	Ronnie H.	<a href="mailto:ronnie.h@aa-seta.org">ronnie.h@aa-seta.org</a>
Alt Treasurer	Eugenie C.	<a href="mailto:eugeniecoleman@gmail.com">eugeniecoleman@gmail.com</a>
Archives	Mike B.	<a href="mailto:mike.b@aa-seta.org">mike.b@aa-seta.org</a>
Newsletter Editor	Fernando B.	<a href="mailto:fernando.b@aa-seta.org">fernando.b@aa-seta.org</a>
Grapevine Rep	<b>Vacant</b>	
IT Rep	Peggy G.	<a href="mailto:planfinson@gmail.com">planfinson@gmail.com</a>
Literature Rep	Dan K.	<a href="mailto:daniel.k@aa-seta.org">daniel.k@aa-seta.org</a>
CFC Rep	Marcus S.	<a href="mailto:marcus.s@aa-seta.org">marcus.s@aa-seta.org</a>
Intergroup Rep	Mitch A.	<a href="mailto:mallen7826@aol.com">mallen7826@aol.com</a>
CPC Rep	Bill A.	<a href="mailto:adams_bill13@yahoo.com">adams_bill13@yahoo.com</a>
PI Rep	Theresa S.	<a href="mailto:theresa.s@aa-seta.org">theresa.s@aa-seta.org</a>
TFC	Matt G.	<a href="mailto:matt.g@aa-seta.org">matt.g@aa-seta.org</a>



# December 2022

## Area 67 Committee Meetings

Committee	Meeting Date and Time	Location
Archives	2nd Sunday of the Month 1:00 pm	Zoom ID - 858 6157 6627 Passcode - 423970 Houston Intergroup 5151 Mitchelldale St. Houston, Tx 77092 Conference Room
Cooperation with the Professional Community (CPC)	1st Monday of the Month 7:30 pm	Zoom ID - 632 634 860 Passcode - 153379
Correctional Facilities (CFC)	3rd Wednesday of the Month 7:30 pm	Houston Intergroup 5151 Mitchelldale St. Houston, Tx 77092 Conference Room Zoom ID - 477 254 9035 Passcode - heartbeat
Grapevine	3rd Thursday of every Month, 7:30 pm	Zoom Password - 114 207 273 Passcode - 610793
Intergroup (Delegate's Meeting)	3rd Thursday of every other Month, 8:00 pm	Currently on Zoom Call (713) 686-6300 for more info
Internet Technologies (IT)	4th Saturday of the Month 10:00 am	Google Meet ID - nqm-vypy-yso
Literature	3rd Tuesday of the Month 8:30 pm	Zoom ID - 257 198 925 Passcode - 443980
Multi-Lingual	1st Thursday of the Month 7:30 pm	District 66 4800 5645 Hillcroft Suite 410 Houston, TX 77036
Public Information (PI)	4th Tuesday of the Month 7:30 pm	Zoom ID - 330 417 285 Passcode - 153379
Treatment Facility Committee (TFC)	2nd Monday of the Month, 7:00 pm	Zoom ID - 552 569 731 Passcode - 169753