

January 2022

DISTRICT #40 NEWSLETTER

UNITY - RECOVERY - SERVICE

THE IMPORTANCE OF SERVICE

Jackie S., District 40 DCM

I would like to take the time to say how grateful I am to be serving with A.A. members who continue to suit up and show up at our District 40 meetings. Your service is so valuable to our groups. Without the GSR, how would your home group know anything about all the 12th step work that is

being accomplished with their contributions? Or if their contributions even made it to the right place! If you, the GSR, cannot make it to one of our district meetings, please ask someone to attend in your place with "full



NOUN

1. THE QUALITY OF BEING THANKFUL; READINESS TO SHOW APPRECIATION FOR AND TO RETURN KINDNESS.

voting" rights. Without the District Committee Reps, how would the GSRs know what to share with their home groups about all that is going on at the Area Committees and their 12th step work? I'm not sure if you have noticed, but alternates are invaluable to our service work. Our newsletter editor has been so creative and patient with the people who submit articles. Even though he is publishing our articles, he is also collecting approved minutes and treasurers reports all in one place so it is easy for me to post them to our SETA D40 webpage for all to see. Our alternate secretary and secretary have stood in for each other a couple of times. Our treasurer was confident that the alternate treasurer could present the treasurers report with 5 minutes notice! And he did a great job! Our alternate DCM has a full list he is juggling and besides that, I copy him on all of my emails so that if something happens, he

Step 1

We admitted we were powerless over alcohol and that our lives have become unmanageable.

Tradition 1

Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept 1

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

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can step in with 5 minutes notice! I look forward to working with him this coming year!
Happy New Year! Please know you are valuable!

MADE A DECISION

Doug D., District 40 ALT- DCM

Made a decision to turn our will and our lives over to the care of God

This step keeps changing in the way I see it and how it is changing my concept of where God is in my life. When I first came into the rooms I guess I was like most of us, use God in case of an emergency but play God on a daily basis. I figure that is why the book takes it as an easy migration from living in self to reliance upon God.

In the second step, as I see it, a way just to open up to the door just a little. All I had to do was believe that there was a higher power. other than myself. that could restore me to sanity. The real journey for me was in step three, where I had to pause a lot more. I found out that I was living my life in a reactionary way. I reacted to everything as an obstacle, so that meant I had to go around or through

everything. That is probably why I was always tired; to be at war with the world is a tasking way to live. When I started to see this step in my life is when I paused and let that first thought of it being an obstacle pass and looked at everything as an opportunity. Now my thought process was more of working with everything I encountered.

Now, this step has evolved more and now I enjoy the days of struggle and hardships. Because if I have truly turned over my will and life to the care of God then I must be aware that He, my newfound Friend, has me where He wants me and is using me as He wants. I use a story about growing a tree in a biosphere as an example of how I see God working on me. They were growing trees in biospheres but before they reached maturity they would always fall over. Now, they were puzzled to find out that the root



Announcements

2022 SETA Conference

January 21 - 23, 2022

Scan QR code to see flyer



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structure was not developed enough to hold the tree up once it hit a certain size. This is why I use this, without wind in the biospheres the trees had no struggle to stand upright so they never developed a strong root structure. As God works on me I enjoy those days when he is focusing on making me stronger.

I was lucky to be nudged into service quickly upon my arrival into A.A. and have read most of the literature. I do love the story in tradition three about Ed and how the early members reacted to him; remember they were on the pious side. When Ed called for help and no human came to help him, it was then that he turned and found God. I close this article out with a sentence from concept 12 "Freedom under God to grow in His likeness and image will ever be the quest of the Alcoholics Anonymous. May our General Service Conference be always seen as a chief symbol of this cherished liberty."

STEP 3

Phil M., District 40 Member

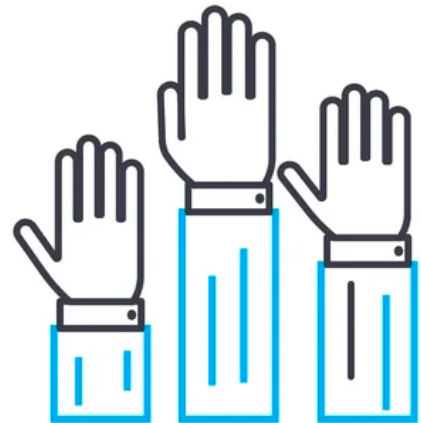
Thy will, not my will...

Willingness. Willingness to open the door to God and His perfect will is the key to my recovery.

My personal will is not enough for me to remain sober and live a life of sanity. I recall the definition of sanity: "the state of mind in the perfect exercise of reason". How then is it possible for me to live a life of sanity based solely upon my own will? If my will was enough, then I would have been in a much different place right now. This is why I know that my finite will is not enough and that I can never be equal to the perfect will of God.

God is infinitely perfect; He is the manifestation of perfection and power as evidenced throughout His beautiful creation. God is the Alpha and Omega, the beginning, and the end.

If I only rely on my will, the end result will always be the same because my flesh is weak and cannot begin to measure up to God's perfection. God loves me. God cares for me. How do I accept my Father's love and care for me? The answer is willingness. I willingly acknowledge the fact that He is much greater than I could ever think of being.



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I humbly stand here today and willingly unlock and open the door to the perfect will of God. It is with a deep sense of gratitude that I turn my will and my life over to the care of God without reservation.

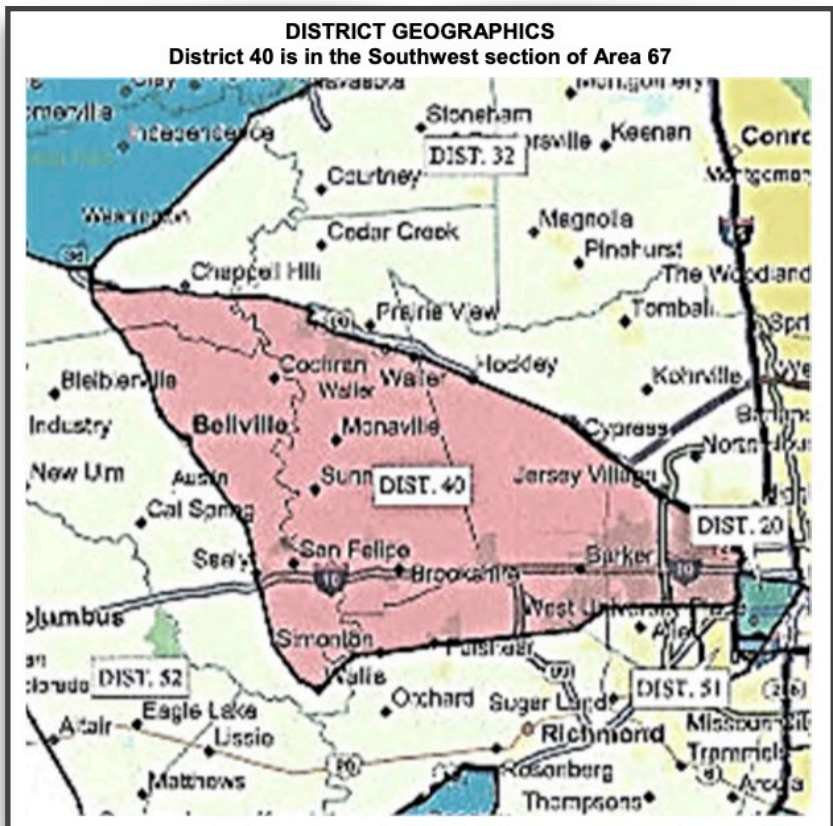
Remind me daily Lord just how small I am in Your presence; I am nothing without You.

Thy will, not my will...

Pamphlet of the Month - December

Bridging the Gap

Scan the QR code or [click here](#)



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**November Treasurer's Report
for District 40**



AA District 40 – Southeast Area 67

November 2021 Treasurer's Report

Regular Business Meeting

December 14, 2021

To: AA District 40 General Services Board

From: Scott B. – Treasurer

Our beginning bank balance for this month was \$7,748.52. During the month of November 2021, group contributions received totaled \$631.63. The following groups sent contributions.

- Drifter's Group
- Fry Road Group
- Friends of Bill W. Group
- High Hopes Group
- Just for Today Group
- Katy 12 & 12 Group
- Memorial Going Home Group
- Saturday Solutions Group
- Wild West Group

Expenses incurred for the month of October 2021 totaled \$347.43 and consisted of the following expenditures.

- Fees for group mail out (DCM)
- Storage room fee (Alt DCM)
- Amegy Bank – Bank Fees (Treasurer)
- USPS Forever Stamps (Treasurer)
- AA Southeast Texas Area 67 – Zoom hosting

Ending bank balance for the month is a net increase of \$284.20 leaving an ending balance of \$8,032.72. Our total budget for the year is \$4,662.00 with \$2,128.12 spent to date, leaving an unspent portion of the budget of \$2,261.88.

Our current bank account balance, less a prudent reserve, exceeds the unspent portion of the annual budget by three times.

Respectfully submitted,

Scott B.

AA District 40 Treasurer

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DISTRICT 40 OFFICIAL MEETING MINUTES

Meeting Location:

ZOOM
Meeting ID: 824 4810 5482
Passcode: 072830

jackie.s@aa-seta.org DCM
doug.d@aa-seta.org Alt. DCM
natalie.a@aa-seta.org Secretary
Scott.b@aa-seta.org Treasurer

Mailing Address:

District 40
PO Box 19085
Houston, Tx. 77024-9085

Date: November 9, 2021

Time: 7:00 – 9:00 PM

Attendees: 21

Call to Order – 7:00, Jackie S. – Serenity Prayer

PRE-AMBLE – Theresa S.

UNITY DECLARATION - Marti B.

INTRODUCTIONS – Name/Home Group/Service Position

TRADITION/CONCEPT – Tradition – Fernando B./Concept – Doug D.

Next month – Tradition – Peter H./Concept – Bill A.

District Inventory Question 11 – “ Do all GSR’s have adequate opportunities to serve on committees?”

Answered by Peter C. and Fernando B.

DISTRICT OFFICER REPORTS

Secretary’s Report – Natalie A./accepted

Treasurer’s Report – Scott B./accepted

D40 DCM Report November 2021

Year-end wrap up...

We voted last month to hold our District 40 Holiday party at the Houston Intergroup Holiday Party on Saturday December 11th. I plan to spend some of my DCM budget on food to bring to the party. And when you arrive I will have the GSC Final Report available for you to pick up from me.

Regarding the SETA Convention in January... I was told the discounted rooms are booked up. But that a lot of full price rooms are still available. The SETA Assembly will take place at the hotel both mornings earlier than usual. Most likely there will be a GSR workshop on Saturday morning and some kind of business to vote on Sunday morning. In the past, the SETA assembly wraps it up before the first speaker scheduled for the convention each day. It’s called an abbreviated assembly. Stay tuned for Doug’s Alt DCM report time next to learn more about the Hospitality Room on Saturday night!

If you missed last month’s District meeting, it’s important to know we voted to continue meeting online for next year 2022. And we approved the District 40 2022 budget. You can find a copy of budget included with the email attachments I sent out on Saturday.

Does anybody have any questions?

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ALT. DCM REPORT – Doug D.

The workshop on GSR is on Nov 20th. It will be an OPEN forum, meaning that you may ask questions when they pop up. While the information is being talked about by each presenter will have a time allotted to them to cover their part and if we have time at the end we finish it off with more question and answer. I did forget to add an email address to the flier to have people pre-register so I could send them the information to them prior to the workshop. Like the links to the material we will be presenting. I am still looking for a tech support to share screen during the workshop and do a few things in the back ground as it goes, anyone looking for some service work?? Or ill do it.

Hospitality suite at SETA 2022 for Saturday night, we will need to vote on do we want to take this on as a district. I am thinking we would need to feed about 300-500 people in the 2 hours allotted. Last SETA we, 2 groups in district 40 did the Friday night meal. I cannot find the emails but from memory we spent about 500 dollars. That was a less populated meal than Saturday will be. I am thinking sandwich trays from HEB or Sam's or Costco. The prices I have right now are about 110 to 140 per 100 people. That is just for one small sandwich.

We will need volunteers to man the hospitality room and handing out sandwiches.

We will need to raise money from groups.

Bill, Gary. Fernando. Theresa, Peter H and Jackie volunteered to help in the hospitality sat night

NEW BUSINESS:

IT Rep – Bree C. volunteers and is voted in.

OLD BUSINESS:

TFC Rep – Matt G. volunteers and is voted in.

Theresa S. proposes 10 racks be made available to local groups for display. Motion passes

Holiday Party Dec. 11th at Intergroup 11-4? 5151 Mitchell Dell Suite B10, Houston

DISTRICT COMMITTEE REPORTS – see following:

- **Archives – N/R**
- CFC – N/R
- CPC – Bill A. No new news/Sept 24th first live presentation went well.
- Grapevine – N/R
- IT – No N/R
- Intergroup – N/R
- Fernando – Newsletter
- PI – Theresa S.

- Literature – Dan K.

November Literature Report

Pamphlet of the Month: A Brief Guide To A.A. : https://www.aa.org/assets/en_US/p-42_abriefguidetoaa.pdf

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The pamphlet starts by defining what alcoholism is, as both a disease of mind and body. It then discusses the symptoms of alcoholism, focusing on many of the shared experiences of symptoms of alcoholics, as not all alcoholics have the exact same symptoms and could experience different ones at different stages in the illness.

The pamphlet then defines what A.A. is, a fellowship of men and women who help each other stay sober. It goes on to state that we do not get cured, but rather we ARE alcoholics, even after we put down the drink. It further discusses how we help the alcoholic with our example and friendship, reminding newcomers to stay away from drinking "one day at a time" and to use the 12 Steps which suggest ideas and actions that can guide alcoholics toward happy and useful lives.

The pamphlet also describes the different kinds of A.A. Meetings (open and closed) and the diversity of our fellowship. It also delves into our service structure and how A.A. has no real government. It touches on the cost of A.A., and how there are no dues or fees for membership, but we are self-supporting through our own contributions.

It also provides direction for families of alcoholics, highlighting other programs such as Al-Anon and Alateen.

Lastly, it lists many things A.A. does NOT do (too many to list here, read the pamphlet!), and how you can find out more about A.A.!

General Sharing:

SETA Convo – question by Gary, May all attend? YES!!! Please pre-register, as registration is almost full!

Hospital visits? Question by Kevin B., Are we allowed in hospitals for 12 Step Calls?

Answered by Bill A. – Due to COVID, program failed, but in place when open.

District 40 Calendar:

Christmas Party – Dec. 11th at Intergroup/ Time TBD

District 40 Zoom Meeting – Dec. 14, 2021, 7:00PM

SETA Convo – Jan. 21-23, 2022 – Houston CityPlace Marriot

RESPONSIBILITY STATEMENT : Gary S.

ADJOURN : 9:00PM

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District 40 Officers and Committee Representatives

<u>Position</u>	<u>Name</u>	<u>Email</u>
DCM	Jackie S.	jackie.s@aa-seta.org
Alt DCM	Doug D.	doug.d@aa-seta.org
Secretary	Natalie A.	natalie.a@aa-seta.org
Alt Secretary	Ed S.	ed.s@aa-seta.org
Treasurer	Scott B.	treasurer-40@aa.seta.org
Alt Treasurer	Ronnie H.	ronnie.h@aa-seta.org
Archives	Mike B.	mike.b@aa-seta.org
Newsletter Editor	Fernando B.	fernando.b@aa-seta.org
Grapevine Rep	Boyd J.	
IT Rep	Bree C.	brianne.c@aa-seta.org
Literature Rep	Dan K.	daniel.k@aa-seta.org
CFC Rep	Marcus S.	marcus.s@aa-seta.org
Intergroup Rep	Mitch A.	
CPC Rep	Bill A.	
PI Rep	Theresa S.	theresa.s@aa-seta.org
TFC	Matt G.	matt.g@aa-seta.org

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Area 67 Committee Meetings

Committee	Meeting Date and Time	Location
Archives	2nd Sunday of the Month 1:00 pm	Zoom ID - 858 6157 6627 Passcode - 423970 Houston Intergroup 5151 Mitchelldale St. Houston, Tx 77092 Conference Room
Cooperation with the Professional Community (CPC)	1st Monday of the Month 7:00 pm	Spring Branch Memorial Club 1200 Blalock Suite 378 Houston, TX 77055 Zoom ID - 632 634 860 Passcode - 153379
Correctional Facilities (CFC)	3rd Wednesday of the Month 7:30 pm	Houston Intergroup 5151 Mitchelldale St. Houston, Tx 77092 Conference Room
Grapevine	3rd Thursday of every other Month, 7:30 pm	Zoom Password - 114 207 273 Passcode - 610793
Intergroup (Delegate's Meeting)	3rd Thursday of every other Month, 8:00 pm	Currently on Zoom Call (713) 686-6300 for more info
Internet Technologies (IT)	4th Saturday of the Month 10:00 am	Google Meet ID - nqm-vypy-yso
Literature	3rd Tuesday of the Month 8:30 pm	Zoom ID - 257 198 925 Passcode - 443988
Multi-Lingual	1st Thursday of the Month 7:30 pm	District 66 4800 5645 Hillcroft Suite 410 Houston, TX 77036
Public Information (PI)	4th Tuesday of the Month 7:30 pm	Spring Branch Memorial Club 1200 Blalock Suite 378, Room C Houston, TX 77055 Zoom ID - 330 417 285 Passcode - 153379
Treatment Facility Committee (TFC)	2nd Monday of the Month, 7:00 pm At Area Assembly, Saturday 4:30 pm	Zoom ID - 552 569 731 Passcode - 169753