

Hi {Professional Contact Name},

My name is {your name} and I work with Alcoholics Anonymous (A.A.) to provide information about A.A. to the medical professional community. One of the things we do is offer free peer support to patients while they are in the hospital. There is no cost to the patient or the hospital for this service. The program is available to any hospital looking at new ways to help their patients with an Alcohol Use Disorder (AUD). Our peer support program is successfully running in over 7 major hospitals in the Western Washington region, including, Virginia Mason, Overlake, CHI Franciscan, and MultiCare. Thank you so much for taking the time to consider this proposal for A.A. peer support at {Enter Hospital}. Below is a summary of the peer support program.

A.A. Peer Support Program:

1. **Hospital visit process:**
  - a. After a patient has been identified with an AUD, the patients nurse, doctor, or social worker offers a peer support visit from members of Alcoholics Anonymous. See sample script for professionals here: [Sample script for offering a peer support visit](#)
  - b. If patient agrees, they sign a Release of Information. See sample ROI: [Example Release of Information \(ROI\)](#)
  - c. Hospital staff sends an email to A.A. with: **patient name, sex, location, and phone number.**
  - d. Within 3-4 hours, 2 A.A. volunteers arrive to the hospital and check in with the nurses station before entering the patients room.
  - e. During the visit, the peer support volunteers share their own experience and struggles with alcoholism and they share how they got better. If the patient is interested, volunteers help the patient get to A.A. meetings upon their discharge from the hospital and continue to provide peer support to the patient.
2. **A.A. Literature:**

Local A.A. volunteers are happy to provide the hospital with A.A. literature and local meeting schedules which can be provided to patients with an AUD.
3. **Meetings with medical professionals:** We are available to meet with any medical professional interested in learning more about Alcoholics Anonymous, the peer support program, and how A.A. might help their patients with a problem with alcohol. We meet with social workers, psychiatrists, doctors, nurses, counselors, medical students, etc. Meetings are typically 30-60 minutes. We receive highly positive feedback from professionals that attend these meetings. Meeting alcoholics in long term recovery seems to boost morale and provide tools for the professionals caring for this difficult patient demographic.

For patients wanting help with their drinking, getting connected to A.A. while still in the hospital setting can be life-saving. I look forward to discussing this further. Could we schedule a meeting in the coming weeks?

Warm Regards,

{Your Name}

{Phone}

{Email}